



# 2024 VA Caregiver Support Program Summit

## Beyond the Caregiving Role: Seeing the “Whole” Caregiver

May 15th, 2024 WSU Riverpoint Campus  
412 E Spokane Falls Blvd. Spokane, WA 99202

Time	Presentation
0730-0800	Check In
0800-0820	Welcome & Key Note
0825-0925	Beyond the Caregiver Role: Seeing the “Whole” Caregiver Tom McGinness & Dr. Zenker
0930-1030	Mindful Awareness - Awakened Insights: The Power of Awareness Will Wise-Gendusa
1035-1050	Break

Breakout Sessions	Time	Presenter
Option 1 - Moving the Body	1050-1150	to be announced at a later date
Option 2 - Family, Friends, & Co-workers	1050-1150	Heather Hesse, LICSW
Option 3 - Surroundings	1050-1150	Daryl Cline, LICSW

To register, please email [spomgvamccaregivers@va.gov](mailto:spomgvamccaregivers@va.gov), and include your full name (as it appears on your license) and which accreditation you are seeking CEUs. Approved CEUs are ANNC, AOTA, ASWB, NYSED, NBCC, APTA, and APA.



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Time	Presentation
1150-1245	Lunch

Breakout Sessions	Time	Presenter
Option 1 - Personal Development	1245-1345	Jeff Ramirez, PhD, PMHNP & Kayla Cross, MSN, MA, PMHNP
Option 2 - Power of the Mind	1245-1345	Rick Parry, MD
Option 3 - Family, Friends, & Co-workers	1245-1345	Heather Hesse, LICSW

Breakout Sessions	Time	Presenter
Option 1 - Recharge	1350-1450	Shira Kern, PhD
Option 2 - Power of the Mind	1350-1450	Rick Parry, MD
Option 3 - Spirit and Soul	1350-1450	Paul Riegel & Allan Morrow Horizon Hospice Chaplains

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Time	Presentation
1450-1500	Break

Breakout Sessions	Time	Presenter
Option 1 - Food & Drink	1500-1600	Cindy Coberly, RD, CD, LD
Option 2 - Spirit and Soul	1500-1600	Paul Riegel & Allan Morrow Horizon Hospice Chaplains
Option 3 - Recharge	1500-1600	Shira Kern, PhD

Time	Presentation
1600-1610	Break
1610-1630	Wrap Up

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