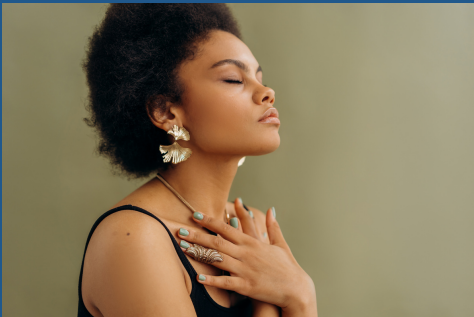


WHAT TO EXPECT

The Caregiver Support Summit will focus on the Whole Health of the caregiver and will be open to community providers who are working with persons with disabilities and their caregivers. Only In-Person Attendance available.

Topics will include:

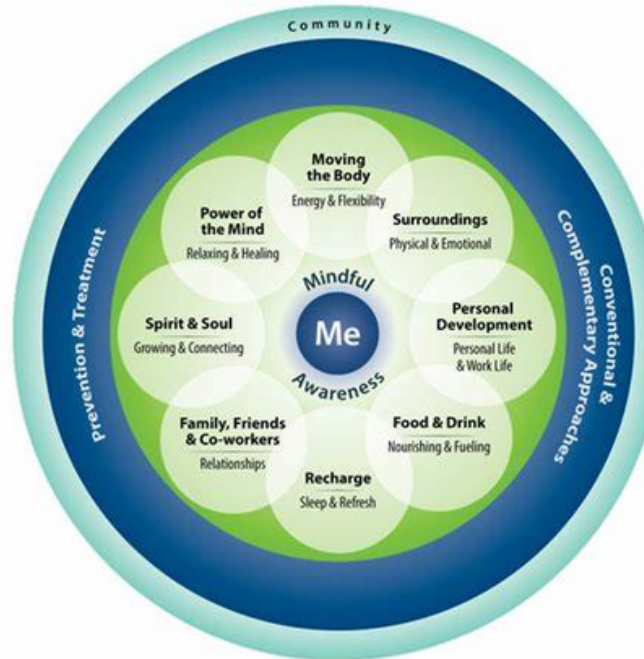
- Power of the Mind
- Spirit & Soul
- Family, Friends & Co-workers
- Recharge
- Food & Drink
- Personal Development
- Surroundings
- Moving the Body



TO REGISTER

PLEASE REGISTER FOR THE SUMMIT VIA EMAIL. (NOTE: IN-PERSON SEATING IS LIMITED- REGISTER EARLY!)

**PLEASE EMAIL-
SPOMGVAMCCAREGIVERS@VA.GOV YOUR:
-FULL NAME (AS IT APPEARS ON YOUR
LICENSE)
-WHICH ACCREDITATION YOU ARE SEEKING
CEUS**



**FOR MORE INFORMATION,
CALL OUR CAREGIVER
SUPPORT PROGRAM
509-434-7755**



CAREGIVER SUPPORT PROGRAM SUMMIT - BEYOND THE CAREGIVING ROLE: SEEING THE “WHOLE” CAREGIVER

**A SEMINAR HOSTED BY THE VA
CAREGIVER SUPPORT PROGRAM ON
WHOLE HEALTH STRATEGIES FOR
COMMUNITY PROVIDERS WORKING
WITH PERSONS WITH DISABILITIES AND
THEIR CAREGIVERS.**



**MAY 15TH, 2024
0800 AM - 0430 PM**

THE FOLLOWING TRAININGS ARE AVAILABLE TO COMMUNITY MEMBERS: SUICIDE PREVENTION- S.A.V.E TRAINING

Training on how to identify and support individuals having thoughts, plans, and intent to follow through with suicide.

- Signs of Suicidal Thinking
- Ask Questions
- Validate Experience
- Encourage Treatment

CEU PRESENTERS

Tom McGinness, LICSW

Dr. Elizabeth Zenker, DC

Will Wise-Gendusa VA Chaplain

Heather Hesse, LICSW

Daryl Cline, LICSW

Kayla Cross MSN, MA, PMHNP

Dr. Jeffery Ramirez, PhD,
PMHNP, FNAP, FAANP, FAAN

Dr. Richard Parry, MD
Physiatrist

Shira Kern, PhD

Paul Riegel and Allan Morrow,
Horizon Hospice Chaplains

Cindy Coberly, RD, CD, LD



CONTINUING EDUCATION UNITS (CEU'S)

The VA is offering 7 FREE CEU's for participation in the Summit! Approved accreditations are: ANNC, AOTA, ASWB, NYSED, NBCC, APTA, and APA.

TRAINING OBJECTIVES:

Identify three antecedents of Moral Injury.

Be familiar with “The Relationship Health and Safety Check-Up” as a tool to evaluate the health of their own relationship.

Review basic brain anatomy and function – the Hand Model.

Identify cognitive, behavioral, physiological, and personal factors that may negatively impact sleep.

Spirituality is part of all of us.

Define Mindful Eating and name a resource to use for conducting a Mindful Eating Exercise.

Be able to identify 2 benefits of Respite.

EVENT ITINERARY

7:30AM-8:00AM

Check-in

8:00AM-10:30AM

Welcome & Key Notes

10:35AM-10:50AM

Break

10:50AM-11:50AM

Breakouts

11:50AM-12:45PM

Lunch

12:45PM-2:50PM

Breakouts

2:50PM-3:00PM

Break

3:00PM-4:00PM

Breakouts

4:00PM-4:10PM

Break

4:10PM-4:30PM

Wrap Up

