


Home Dining Menu September

All meals include: Vegetables, Fruit, Grain, and Milk



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1				
2				
				Spaghetti
5		6		7
Closed for Labor Day	Fish Sandwich	Swedish Meatballs	Turkey Sandwich	Chicken Parmesan
12		13		14
Pulled Pork Sandwich	Chicken Cutlet	Cheeseburger	Beef w/Mushroom Gravy	Creamy Tuna Pasta Salad
19		20		21
Egg Salad Sandwich	Beef Stroganoff	Teriyaki Pork Stir Fry	Asian Chicken Salad	Italian Meatball Sub
26		27		28
Shepherd's Pie	Creamy Chicken Tomato Pasta Salad	Beef Stew	Greek Chicken Gyro	Chicken Fajita Chili
29		30		

We are continuing No Contact Delivery. If you have any questions, please call our office at **509-924-6976**. *Greater Spokane County Meals on Wheels* is not responsible for food allergies or other dietary requirements. Meal recipients are responsible for monitoring their own dietary requirements. The menu is subject to change.