


Home Dining Menu August

All meals include: Vegetables, Fruit, Grain, and Beverage



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Chicken Pasta Salad	Fish Sandwich	Swedish Meatballs	Turkey Sandwich	Chicken Parmesan
8	9	10	11	12
Pulled Pork Sandwich	Chicken Cutlet	Cheeseburger	Beef w/Mushroom Gravy	Creamy Tuna Pasta Salad
15	16	17	18	19
Egg Salad Sandwich	Beef Stroganoff	Teriyaki Pork Stir Fry	Asian Chicken Salad	Italian Meatball Sub
22	23	24	25	26
Shepherd's Pie	Creamy Chicken Tomato Pasta Salad	Beef Stew	Greek Chicken Gyro	Chicken Fajita Chili
29	30	31		
Baked Fish	Salisbury Steak	Baked Chicken Sandwich		

We are continuing **No Contact delivery**. If you have any questions, please call our office at **509-924-6976**. Greater Spokane County Meals on Wheels is not responsible for food allergies or other dietary requirements. Meal recipient is responsible for monitoring own nutritional requirements. The menu is subject to change.