

Recommended
Donation
\$5.00 per meal



Home Dining Menu • May 2021

All meals include: Vegetables, Fruit, Grain, and Milk



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Lasagna Casserole	4 Chicken Stir Fry	5 Pork Riblets	6 Chicken & Rice Casserole	7 Breaded Fish w/ Dill Sauce
10 White Chicken Chili	11 Teriyaki Pork Stir Fry 	12 Shepherd's Pie	13 Baked Lemon Pepper Chicken	14 Tuna Noodle Casserole
17 Chicken Alfredo	18 Swedish Meatballs	19 Baked Pork Chop	20 Spaghetti	21 Cheeseburger
24 Spanish Rice Casserole	25 Country Ham & Beans	26 Chicken Cutlet	27 Beef Stroganoff	28 Fish Sticks
31 Closed 	1 	2	3	4

We are continuing **No Contact delivery**. If you have any questions, please call our office at **509-924-6976**.

Greater Spokane County Meals on Wheels is not responsible for food allergies or other dietary requirements.

Each meal recipient is responsible for monitoring their own requirements. The menu is subject to change.